



Office of Occupational Health and Safety

Office of the Vice-Chancellor

University of Guyana

oohas@uog.edu.gy | www.uog.edu.gy

COVID-19 Precautions Advisory for Staff, Faculty, Students and Visitors to University of Guyana Campuses, Centre or Facilities

As we continue to see the development and spread of new variants of the COVID-19 virus, it is important to be reminded of a few precautions to not just safeguard ourselves but also those around us. It is therefore necessary to ensure that person's who may suspect they could be sick take precautions to not come into contact with others and to get tested immediately so that you and your HOD as well as the University's OHAS will know your status and be better able to advise and help to care for you.

Symptoms Check:

1. Are you experiencing any of the following symptoms?
 - a. Dry cough
 - b. Runny nose
 - c. Body or muscle aches
 - d. Fever
 - e. Loss of taste or smell
 - f. Severe and persistent headaches
 - g. Vomiting (not linked to bad food, other medications or pregnancy)
 - h. Any other flu like symptoms
2. Have you been in recent physical contact with anyone suspected and/or confirmed of having COVID-19?
3. Have you been in recent physical contact with anyone (whether in public or household) that has flu like symptoms as mentioned above?

If yes to any of the above questions, please fill out the short questionnaire found on the University website or use the link below. Please send your questionnaire to OHAS (oohas@uog.edu.gy), your Head of Department and Dr Hanif (melisha.hanif@uog.edu.gy). <https://www.uog.edu.gy/documents/covid-19-documents>

In addition to submitting the questionnaire, please **stay at home** and **contact** the University of Guyana's Medical Centre on 655-8907 or 620-0119 for further advice.

Please note: If you have recently taken a Covid-19 test and you are awaiting your result, kindly stay home until you have received your result which must be sent to OHAS, your Head of Department and Dr Hanif. Once your result has been received you will be notified as to whether you are cleared to return to campus.

Please note carefully that days away from work without permission, bonafide doctor's note or a positive test for more than 2 days will be treated, as per regulation, as sick or absent days. We regret that this existing regulation had to be triggered due to some deeply



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disappointing incidents where staff have stayed away from work citing covid when there was no such thing happening. When some staff do this, the weight of their responsibilities at work is unfairly left on others. In these challenging times we must work together to keep this at the bare minimum.

While we are still delivering classes in safe mode online, Lecturers, kindly remember to fill and submit an on-campus class request form and await confirmation from OHAS. This ensures that we do not experience crowding in any specific area of the campus and that we are aware of who is on campus and for how long. It also assists security with cross checking the students entering campus during this time.

All personnel coming unto campus at any time for any reason, kindly remember to utilize the sanitizing tunnels upon entry into the campus. Also, please note that every time you leave the campus and enter again you are required to use the sanitizing tunnel each time. A face mask is also required at all times while on campus and to maintain 6ft of physical distancing.

Please note that the University is required by law to adhere to all public health ordinances and guidelines, therefore all staff, students and visitors should adhere, use wisdom and be guided accordingly.

Continue to stay safe and thank you for your cooperation.